

Reltex Measurement Form

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|----|---|----|
| 1 | Wrist Circumference measure at widest point around wrist | cm |
| 2 | Elbow Circumference measure around arm at elbow (arm to be bent as shown) | cm |
| 3 | Bicep Circumference measure at widest point around bicep, with muscle taut | cm |
| 4 | Neck Circumference At Collar measure collar below Adam's apple | cm |
| 5 | Chest Circumference measure around centerline of chest; at widest point standing straight up and down | cm |
| 6 | Waist Circumference measure along center of waistline, 5 cm below naval | cm |
| 7 | Hip Circumference: measure along center of hip line at widest point around hips | cm |
| 8 | Thigh Circumference measure at widest point around thigh | cm |
| 9 | Knee Circumference measure at center of knee | cm |
| 10 | Calf Circumference measure at widest point around calf | cm |
| 11 | Ankle Circumference measure above ankle bone | cm |
| 12 | Shoulder To Shoulder - High measure from top of shoulder across back from sleeve joint to sleeve joint | cm |
| 13 | Neck to Waist - Back measure from neck base to waistline | cm |
| 14 | Elbow To Wrist measure from elbow point to wrist | cm |
| 15 | Sleeve Length measure from shoulder bone to wrist | cm |
| 16 | Knee to Ankle measure from center of knee to top of ankle | cm |
| 17 | Waist to Knee measure from waistline to center of knee | cm |
| 18 | Leg Length measure from waistline to ankle | cm |
| 19 | Groin to Ankle measure from groin to ankle | cm |
| 20 | Neck to Ankle measure from neck base to top of ankle | cm |
| 21 | Neck to Shoulder measure from neck base to end of sleeve joint | cm |

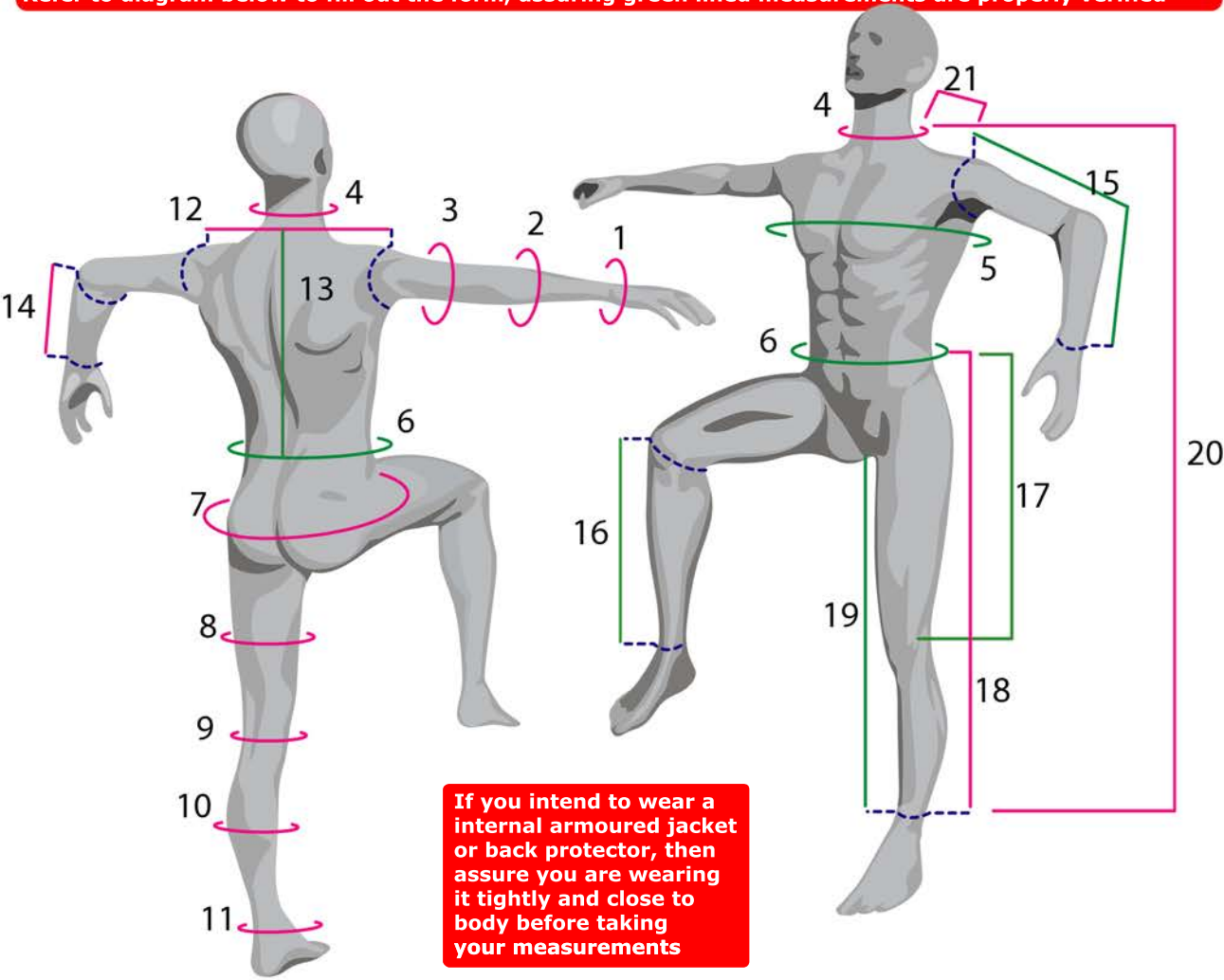


GETTING YOU IN THE RIGHT GEAR

RELTEX

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It is important to always take measurements with the help of another person, and to be dressed lightly
Take only close body measurements without increasing them, we will work out the correct allowance
Refer to diagram below to fill out the form, assuring green lined measurements are properly verified*



NOTES:

| |
|-------|
| _____ |
| _____ |
| _____ |

Height: _____ cm

Weight: _____ kg

Age: _____

*Ideally all measurements should be taken by a professional master tailor to get proper verification of your size. All measurements are provided at your own risk at face value